About the Author

Dr. Kyl Smith—or "Dr. Kyl," as his colleagues call him—is a pioneer in natural medicine. He is a multi-patented inventor, published in peer-reviewed science, and is the inventor of *"America's #1 Bestselling Brain Health Supplement"* and the "*#1 Pharmacist Recommended OTC Memory Supplement."* Dr. Kyl is the author of the acclaimed *Brighter Mind* and *Testosterone Switch* books and a popular speaker who provides Continuing Education programs for doctors. His healthcare professional lectures have become so popular that single events are now held with seating for 3,500 licensed healthcare practitioners, and he has spoken at events with Kevin O'Leary—Mr. Wonderful, Rhonda Patrick, PhD., Andrew Huberman, PhD., Matthew Walker, PhD., Daymond John, Max Lugavere, and leadership expert Ed Mylett.

Professionally, Dr. Kyl received his Doctor of Chiropractic in 1993. Since then, he has engaged in ongoing research on nutrition and natural medicine. Most notably, and with support from leading scientists, including a former senior scientist for the American Medical Association, Dr. Kyl filed a "Health Claim Petition" for the brain-nutrient Phosphatidylserine. The Food and Drug Administration approved this petition. It represents the first and only nutrient-based Qualified Health Claim for cognitive function approved in the FDA's history. As a result, Dr. Kyl received the

James Lind Scientific Achievement Award. This award recognizes those who have advanced natural medicine and reshaped American health care.

As an author, speaker, and inventor, Dr. Kyl has helped people improve memory, focus, and concentration for over 30 years. He is a member of the American Botanical Council. He is a proud recipient of the Dr. James W. Parker Award. He has served as a Post-Graduate Instructor and as a Member of the Presidential Advisory Council at Parker University.